

Neighbors Who Care and The Park invite you to

# SUMMER SPEAKER SERIES



 Thursday, May 16

 2 pm.

 The Park at Copper Creek  
901 S 94th St, Chandler, AZ 85224

**Reservations are FREE but requested.**

Each month, May through August, we will offer an opportunity to get out of the heat and enjoy some good company and cutting edge information inside the beautiful property at The Park.

## SESSION 1

### Preventing Diseases of the Brain through Better Health Habits

Dr. Hement K. Pandey, Brain and Spine Center, MD First Research, Chandler, Arizona

Dr. Pandey's presentation will cover brain health and strategies for preventing cognitive decline. Attendees will also gain insight into local research projects and the potential advantages of participating as research subjects.

Notably, MD First Research has supported the approval of innovative therapies such as Rimegepant (Nurtec) for migraine prevention and advanced brain imaging techniques for Alzheimer's disease.

*Dr. Pandey, owner of the Brain and Spine Center and MD First Research, both in Chandler, is a board-certified neurologist with subspecialty certifications in Sleep Medicine, Vascular Neurology, and Clinical Neurophysiology.*

**The Park**  
AT COPPER CREEK

 **NEIGHBORS WHO CARE**

Your Sun Lakes and South Chandler volunteer resource for seniors choosing to age in place.

Reserve your FREE spot today!



480-895-7133 X170



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