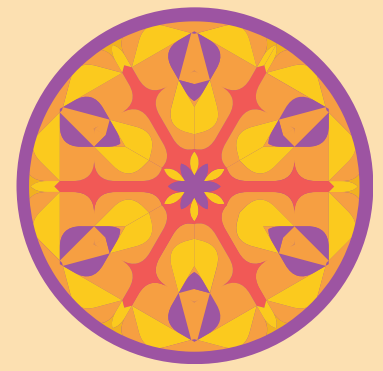


Learn New Ways to Approach

DEMENTIA CAREGIVING

With a Kaleidoscope of Possibilities



Slightly adjusting our perspective reveals beautiful new opportunities for care.

Join us for our 5th annual

 **Thursday, February 29, 2024**

successful
AGING
CONFERENCE
▶ Dementia edition

 **9:30 A.M. - 3:30 P.M.**

 **Sun Lakes United Methodist Church, Lindsay Hall**
9248 E. Riggs Road, Sun Lakes



Elaine Poker-Yount - Visiting Angels EV / Successful Aging AZ
Changing the Things We Can Change

When providing care, understanding both what our loved one with dementia is experiencing, and learning what we actually have the ability to control, our approach to care will come from a brand-new perspective. Not only will you discover **what** you can change and adapt, you'll find out **how** to do it - better, easier and with less frustration.



Michelle Cornelius - Hospice of the Valley
Avoiding Conflict using Skills Learned from Improv

Living in the reality of a person with dementia can be a challenge when their view of the world is different from ours. Using "Yes, and" skills adapted from improv can help validate their feelings and experiences without agreeing. Come learn how to understand and respond without causing a conflict in this interactive session.



Amanda Marcum - Hospice of the Valley
How Music Changes the Way We View Our World

Dementia effects minds but music touches hearts. Music provides comfort and familiarity in distressing situations by offering the brain a pleasant alternative. Music can facilitate desired outcomes including relaxation, decreased agitation, and meaningful connection. Learn how to create personalized music experiences that can make life easier.



SAVE YOUR SEAT! RSVP NOW!



 480-203-8548

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