

A CONVERSATION FOR CAREGIVERS...YOU MATTER, TOO!



A Special Event for Family Members and Friends Providing Care for Loved Ones


Date: Wednesday, July 26, 2023

Time: 10:00am - Noon

Come early if you can to enjoy some mini pampering services and refreshments beginning at 9:15am.

Location: Clarendale of Chandler
5900 S. Gilbert Road, Chandler

Register by July 21

 (480) 895- 7133

 jennifer@neighborswhocare.com

SPEAKERS:

Kimberly Akers - Amada Senior Care:
Strategies to Face Caregiver Challenges

Bonnie Kosar - Neighbors Who Care:
How to Ask for Help

Joan Marlow - Peaceful, Easy Healing:
Relaxation Through Mindful Meditation Moments

Kerri Ann Ronquist - All About You Placement:
Finding Joy in Your Caregiving Relationship

NEED RESPITE CARE?

Limited availability for **Neighbors Who Care** clients provided by vetted volunteers. Call our office at (480) 895-7133 with your request.

Amada Senior Care is also offering special rates for in-home respite care during this event provided by certified care aides. \$50 for 3 hours or \$60 for 4 hours. [Learn More](#)

THIS EVENT IS FREE

BROUGHT TO YOU BY:



NEIGHBORS WHO CARE
Helping Seniors Remain Independent



CLARENDALE
CHANDLER