CELEBRATION

by Carol Bowers, Volunteer Manager

Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has. - Margaret Mead

The times they are a changing! Our clients are getting to their appointments and having furnace filters changed; volunteers are adding up their time and miles and 10,000 people are turning 65 yrs. old every day. Neighbors Who Care is growing in so many ways yet we are staying the same. Always on the cutting edge, our community services are known not only in Arizona but also nationally. The first ever Virginia Piper Trust and Experience Matters, Encore Prize was awarded to Neighbors Who Care in October 2012. Such a prestigious award has set the standard for how we proceed with our programs and how we engage volunteers, volunteer retention, and best practices. A part of the vision of Experience Matters is to encourage Encore professionals to participate in programs in their community. Earlier this year Eric and I participated in an Experience Matters, ACTIVE 8 workshop. This spring, NWC received a voucher to continue with several members of the NWC board of directors, our staff, and selected volunteers. An Ad Hoc Engagement Committee, working with an ACTIVE 8 coach, met for three months to discern specific, programs that will help us to move forward into the future, continuing to meet the mission and vision of NWC. The focus is to Access,

--- CELEBRATION cont. on page 10

Notice from the Board of Directors: OUR NEXT STEP

It is our intent for Neighbors Who Care to take a leadership role in the rapidly changing and expanding field of volunteer and community support for our aging population. Our goal is to find new and better ways to meet the physical, social, and psychological needs of our community members as they age, lose mobility, and become unable to independently perform all of the tasks necessary to lead a fulfilled life.

Neighbors Who Care has extensive experience in the field of Aging in Place and a broad base of community support, making it uniquely and naturally prepared to take on this task. In the coming months we will be meeting with community leaders and stakeholders; assessing the needs of our clients and community members; and cataloging available resources. We expect these efforts will lead to new programs, partnerships, and collaborations that will make our community one of the best and most caring places for people to live and to retire.

If you would like to be a part of this important work, please contact Eric Ehst at Neighbors Who Care.
NEIGHBORS WHO CARE WANTS TO REVOLUTIONIZE INDEPENDENT AGING

Eric Ehst, Executive Director

Up until the last century few people lived past the age of 60 and most of those who made it that far spent their later years battling illness and physical impairment. Recent advances in nutrition and medical care have revolutionized aging. Today over 14% of the U.S. population is over 65 and 2% is over 85 and those numbers are rising fast. Over 10,000 people turn 65 every day and the number of people over 85 will triple in the next 25 years.

How are we going to cope with the exploding population of seniors, with the rapidly increasing lifespan, and with the changing expectations of retirement and independence? The challenge is so great that neither government nor private sector solutions will be adequate to meet the needs. Community organizations like ours will have to play a key role to create and implement low-cost, community based ways to keep people out of expensive institutions, in their own homes, close to friends and family.

Even though Neighbors Who Care is a local organization we have become an important player in the regional and even national efforts to define and improve the ways that we deal with aging and provide support for those who wish to remain independent. We started 20 years ago with a dozen volunteers driving their neighbors to the grocery store. Since then we’ve grown to 500 volunteers providing more than a dozen vital services to 1300 of their frail and disabled neighbors. We’re on the leading edge of innovation. We created a novel program to support frail seniors being discharged from hospitals and rehab centers. We provide free meals to fixed-income seniors on those occasions when they are facing a choice between eating and paying for their medications. We have recruited a cadre of caring volunteers willing to help people at a moment’s notice, when urgent needs arise.

The world is changing rapidly and Neighbors Who Care has responded by becoming a great organization; a great place to volunteer, a great place to multiply the impact of your donations, and a great community partner. Our efforts have not gone unnoticed, winning a number of prestigious awards. However, the magnitude of the future challenges is so large that ‘great’ is no longer good enough. Our new goal is to become a ‘transformative’ organization; a laboratory to create and implement revolutionary new ways to keep the exploding senior population independent and fulfilled; to meet both their physical and their social needs.

We have built the foundation. What we need now is you. If you care about our community and you want to leave a lasting legacy, join us. We need your help to take the next step in our evolution from community leader to world leader. Together we can change the future of aging.

If you would like to experience the deep personal satisfaction that comes from volunteering to assist your neighbors or if you know of someone who needs our help, contact us at 480-895-7133.
Where has the time gone?

By Wes Davis, Board Member

Where has the time gone? It’s hard to believe that twenty-three years ago my wife came home from an art show she was participating in Sun Lakes and announced we were moving to Sun Lakes. It is perfect for us she told me. The people are very friendly, the amenities are numerous and affordable. Isn’t Sun Lakes a retirement community for “older” people, I asked? But that’s for retired people I responded. We were both still working and neither one of us is 55. Not to be dissuaded, my wife moved to Sun Lakes and I tagged along. We were the new kids on the block and I have not regretted my wife’s wisdom. Over the years, we enjoyed tennis, golf and many other amenities that have been added since moving here. Now after twenty-three wonderful years in Sun Lakes, we are the “older” people I spoke of those many years ago.

My estate planning practice has shown me over the years, there are many residents in our community who have lost their independence, and are no longer able to enjoy the amenities of our community. Due to advancing age, health problems, loss of a spouse or having no family in the area, becomes overwhelming obstacles. The very important interaction with other people become less and less as their mobility restricts them from venturing out in the community.

Four years ago, Pat Amica approached me about joining the Board of Neighbors Who Care (NWC). I accepted her invitation and joined the Board in December of 2011. While I was somewhat familiar with the services NWC offered our community, it was only after joining the Board that I realized the full breadth of the services available to our residents and the impact it has on the residents who avail themselves of our services. The energy and compassion of our staff of Eric, Carol, Bonnie, Joan, Verna and 500 plus volunteers is truly amazing. Our volunteers willingly give of their time, energy, and talents to help our clients to enjoy the comfort of home and the dignity of independence. We, on the Board of Director, are continually seeking new areas of service in which to enrich the lives of our clients. At our monthly meetings, we explore and discuss what additional services our organization can provide for our community and clients. I am honored to be a part of NWC and invite you to join our team and know that your service through NWC will make a life altering experience for our deserving clients (one of you neighbors).
A very special thank you to all the sponsors, donors, and volunteers who have made the Neighbors Who Care Welcome Back Community Fair a Major Success.

SPECIAL THANKS TO OUR PARTNERS

Bashas’ Foods - Door Prize
Bronson’s Construction - Cash Donation
Classi Golf Cars - Small Tent
Complete Music - DJ
Gladys Chernick - Cash Donation
Jim Vallani & Team - Food
Keystone Law Firm - Large Tent & Photo Booth
Kinect Physical Therapy - Horse Races
Laser Creations - Signs
Lori Blum - Cash Donation
Rakhman Jewelers - Auction Item
Sun Lakes Fire Department – Safety & Dunk Tank
Sun Lakes Rotary - Dunk Tank and cash donation
Sun Lakes Sheriff’s Posse - Traffic
The Classic Car Guys of Sun Lakes
The Dry Heat Pickers - Music
The Sun Lakes Camera Club - Photography
Bob Ralston - Photography
Urban Financial - Cash Donation
Walgreens - Flu Shots

Rentals
Rentals - Jackpot Sanitation
Rentals - Y-KNOT Party Rentals
Rentals - AZ Inflatables

SPONSORS

560° Physical Therapy
AARP Driver Safety Program*
All Faiths Chapel Board
Alliance Care Team
Alpha Chiropractic*
Alzheimer’s Association
American Cancer Society
Arizona Sanitation
Avon – Katy Lynch
Banner Home Care
Basha’ Grocery
Brookdale North Chandler
CBRE
Chandler Memory Care
Chase Bank
Christian Brothers
Classi Golf Cars
Complete Music
Devoted Guardian
Dignity Health - Trauma Team
Dr. Chelsie Reed*
Dr. Elahi, DDS
East Valley Marine League
Edward Jones – Christine Raney
Empire Driving School
Endeavor Home Care
Family Home Care
First Light Home Care*
Fox Hayward Insurance
Fresenius Dialysis
Guiding Angels Care Home
Hawthorn Court Memory Care
Home Instead Senior Care
Home Watch Caregivers*
Homestead Hospice
Hospice of the Valley*
Keystone Law Firm
Kinect Physical Therapy
Korean War Veterans Association
Laser Creations
Medmetrics Pharmacy*
No Slip Zone
Orbitel
Palliative Care Arizona
Pampered Chef – Owen Fabert*
Preferred Foot & Ankle*
Prime Time Magazine
Progressive Roofing
Pulte Homes – Lone Tree
Purple Passion Senior Care
RCK Glamour
Retirement Insurance Specialists
Right At Home Senior Care
Safe Link Wireless
Sanniec Massage
Spooner Physical Therapy
Sub Zero Ice cream
Summit Health Care
Sun Devil Auto*
Sun Lakes Disposal*
Sun Lakes Rotary
Sun Lakes United Church of Christ
Sun Lakes Women’s Association
The Perfect Place
Unity Church
UPS Store
Walgreen’s
We Care Senior Services

VOLUNTEERS

Barbara Carr
Colette McNally
Connie Kindsvater
Debbie Sowder
Denis White
Donna Maldonado
Gladys Chernick
Grace Wilson-Woods
Irene Brown
Jeanne Norton
Lou Maldonado
Christine Raney
Shirley Warren
Tori Johnson
Dorothy Meeks
Larry Buehler
Irene Johnson
Dick Eslick
Phil Cobble
Joe Trimm
Jim Rainwaters
Joel Goldman
Kay Walmaa
Leonard White
Linda Pierson
Lou Larsen
Nancy Osborne
Pat Nicholasen
Ron Chase
Verna Mahnke
Ev Rainwaters
Mahnaz Pourian
Judy Walker
Vicki Williams
John McFarland
Judy McFarland
Denise Fisk
Dick Walker
Irene Brown
Mark Sowder

Many, Many, More! Thank you

Next year the EVENT will happen on October 22, 2016
NEW RECREATIONAL THERAPY PROGRAM

An opportunity for clients, volunteers, and neighbors who might need modified physical activities yet really wants to get out and mix it up. We have just the right thing for you. The Neighbors Who Care Recreational Therapy Program is here to help you get out, meet new friends, renew acquaintances, and have a complete change of scenery for a little while. Each month we will have a new theme and we will be adding activities to the program.

The first week of each month, we are planning an activity that will take you to a new place. In January, we are planning a field trip to the Basha Museum, Jan. 6th 10 am. Plans aren’t complete for February, but the hopes are to attend a Spring Training game. March we are planning a musical get away. We will be making announcements through the Neighbors Who Care Website: www.neighborswhocare.com, the Splash, your local congregations, community news and community flyers. Watch for more information around the community.

The third Wednesday each month, we’ll have a craft or activity. Even if you haven’t done crafts for a while we will give you all the supplies you’ll need to finish a project. January is Hot Tea month, so a cup of tea will be refreshing and we will get a head start for Valentine’s Day. February Pi(e) Month and Heart Health Month, so we will be having a Pie Party and learn about keeping our heart healthy. March we will be celebrating St. Patty’s Day with a Funny Hat Contest. We hope you will call to reserve your spot at each event so we can arrange transportation if you need it and make all the arrangements for refreshments and supplies. Call Neighbors Who Care at 480-895-7133.

Please fill out the Interest/Skills Survey on the next page and send it to Neighbors Who Care. This will help our Recreational Therapy Program planning team and give you a say in the activities we plan.
Recreational Therapy Program
Interests/Skills Survey
Volunteers please check boxes you have knowledge/skills in sharing. Clients please check boxes you have interest and those you would like to learn. Please, complete the survey and return it to NWC.

Name_________________________ Phone_________________________ Email_________________________

[ ] Volunteer [ ] Client

Art & Crafts
[ ] Beading/Jewelry Making
[ ] Painting
[ ] Ceramics/Pottery
[ ] Drawing/Coloring
[ ] Needlework
[ ] Other___________

Spectator Sports
[ ] Football
[ ] Baseball
[ ] Basketball
[ ] Tennis
[ ] Golf
[ ] Other___________

Beauty/Spa
[ ] Chair Massage
[ ] Facials/Skin Care

Special Interests
[ ] Gardening
[ ] Computer/Computer Games
[ ] Bird Watching
[ ] Reading
[ ] Collecting (Coins, Stamps, etc)
[ ] Movies
[ ] Cars
[ ] Bing
[ ] Card Games
[ ] Puzzles
[ ] Other___________

Modified Fitness/Sports
[ ] Yoga/Tai Chi/Meditation
[ ] Mild Exercise
[ ] Swimming/Water Aerobics
[ ] Dancing
[ ] Walking
[ ] Bowling
[ ] Bocce Ball
[ ] Fishing

Music
[ ] Concerts
[ ] Dance
[ ] Theater
[ ] Choral/Choir

Free Seminars:

12 Deadly Sins of Estate Planning & How to Avoid Them

Come learn about wills, trusts, and the probate system at one of our upcoming free seminars. Topics include:

- “A/B” trusts may no longer be needed.
- Banks and investment companies can reject valid powers of attorney, increasing the risk of needing a conservatorship.
- Protect your child’s inheritance from being lost in a divorce, lawsuit, or bankruptcy.

Monthly seminars held at Oakwood Country Club and nearby restaurants. Call or visit our website for upcoming dates, times, and locations.

RSVP now!
(480) 209-6942
www.keystonelawfirm.com
SEATING IS LIMITED.

By phone:
(480) 209-6942
Online:
www.keystonelawfirm.com

Sirvent Law Firm
Attorney Francisco P. Sirvent
3115 S. Price Rd., Chandler, AZ 85248

is now.
KEystone
Law Firm & Wealth Partners
The World’s Most Trusted Source of Non-Medical Home Care

Home Instead
Senior Care

To us, it’s personal.

A Few Hours a Week to 24 Hours a Day!

- Alzheimer’s Care
- Companionship
- Personal Care
- Meal Preparation
- Medication Reminders
- Incontinence Care
- Light Housekeeping
- Shopping & Errands
- Respite Care

Professional • Bonded • Insured

Call Today for a Free Assessment!

Mesa
(480) 827-4343
3850 E. Baseline Rd. Suite 128

Sun Lakes
(480) 895-1460
10450 E. Riggs Rd. Suite 117

We work with all Long Term Care Insurance!
(Call for details)

I am Poem

I am a girl that looks up at the stars and wonders
I wonder what harms the earth
I hear cries of pain
I see wounds caused by people
I want them to be healed
I am a girl that looks up at the stars and wonders

I pretend that nothing is wrong
I feel that we all need to save it
I touch the stars and they help me
I worry about the scars
I cry for the past and future
I am a girl that looks up at the stars and wonders

I understand we can’t heal wounds or scars today
I say that all will be all right
I dream of a perfect world
I try to understand
I hope for a time when light overcomes the darkness
I am a girl who looks up at the stars and wonders

(a poem written by Perri, 5th grade granddaughter of a volunteer)

TrustBank

Building Prosperity

Neighbors Who Care, Inc.

presents
“Conversations and Consultation”
at TrustBank in the Fulton Ranch Promenade
9-10:30 am

The 1st Thursday Social Security Overview

The 4th Tuesday Women’s Financial Empowerment Workshop (for Women Only)

Each month for women and men of all ages
Join Us For Our Community Events…
RSVP to 480-883-6811 or 480-895-7133
For hospice and palliative care, tell your healthcare provider you choose Hospice of the Valley.
602.530.6900 or HOV.ORG

Comfort and dignity as life nears its end

A non-profit community whose strength is based on personal service offered by dedicated professionals who focus on the specific needs of each individual.

**Pennington Gardens, a leader in our community for over 13 years, offers:**

- An affordable and elegant full-service residence
- All levels of Assisted Living, Memory Care, Respite Care and Adult Day Care
- Affordable Independent Living Suites
- A superior management team, with two certified Community Directors
- Comprehensive Activities, Exercise and Entertainment
- Caregivers trained in-house by State Approved Trainer
- Delicious, home-cooked meals prepared by culinary institute trained chefs

**480-814-9046**
www.penningtongardens.com
977 S. Pennington Drive, Chandler, AZ 85224
Experience matters. Let us show you why.

By any measure, 27 years of experience in senior living is a lot.
And through the years, we’ve helped many people find a lifestyle perfectly suited to them.
Our secret? We listen.
And we’ve found that every person’s need or desire to move is incredibly unique.
We’ve created equally unique places to live with great social opportunities, fine dining, accredited care services, and more. All with you in mind.
Come see how good it feels to have experience on your side.
Please call now to schedule your complimentary lunch and tour.

CELEBRATIONS
- continued from page 1
Design, Implement, and Evaluate each new program. The standing Engagement Team is made up of myself, Verna Mahnke, Lou Larson, Grace Wilson-Woods, and Madeleine Lutz. The team meets twice each month, we are focusing on developing programs such as Outreach, Volunteer recruitment, Speakers Bureau and Marketing. Since August, we have inaugurated a special committee who has engaged Sam Selby, a retired IT specialist, and highly skilled volunteer to evaluate our current Data Base and work with the IT team to determine, the best way to move forward with our IT program. Britney Buckles, CRT of Homestead Hospice, and Dana Cosgrove, MSW of Generations Home Care have just completed the development of our new Recreational Therapy Program. Our NWC staff will administer the new program and highly skilled volunteers will plan and present the program. We also have identified Faith Dragoon, who is leading our Community Outreach Team to recruit new volunteers. Most recently, I have identified Debbie Sowder as our Social Media Coordinator. She will be setting up the social media programs and assisting the staff and Ron Chase who is already coordinating our Website so well.
The overall program will be the Ambassador Program, which will raise the bar for the overall engagement team goals and objectives. There will be more about the Ambassador Program in the March Care Connection. If you have questions please call me at NWC. In addition, fill out the questionnaire on page 7. We want your input and appreciate your skills as we move forward at NWC.

Our community remembers yet another of the Neighbors Who Care founding members. Mabel Boniface was among the original members of the Interfaith Council of Greater Sun Lakes representing the Anglican Church of Reconciliation and founding Board of Directors of NWC since 1994. Mabel moved to Sun Lakes with her husband Donald in 1978. For many years, she shopped for our clients and regularly attended the Interfaith Council meetings, serving as historian. She became a client of NWC and resigned from the IFC in 2014 when her health began to fail her. Her gentle spirit, kind heart, and smile, will be the legacy she leaves with us. Thank you, Mabel, for your service.

In Memory of

Mabel Boniface was among the original members of the Interfaith Council of Greater Sun Lakes representing the Anglican Church of Reconciliation and founding Board of Directors of NWC since 1994. Mabel moved to Sun Lakes with her husband Donald in 1978. For many years, she shopped for our clients and regularly attended the Interfaith Council meetings, serving as historian. She became a client of NWC and resigned from the IFC in 2014 when her health began to fail her. Her gentle spirit, kind heart, and smile, will be the legacy she leaves with us. Thank you, Mabel, for your service.
NWC is once again partnering with Birdies for Charity to raise money for our programs. In 2015, NWC received over $11,000 through this partnership. The money is raised by donors pledging to give an amount based on the number of birdies made at the 2015 Phoenix Open Tournament in January (each penny per birdie pledged is approximately a $15 donation). Donors can also pledge a set dollar amount if they like ($20 minimum).

To make a pledge go to www.BirdiesForCharityAZ.com and select Neighbors Who Care (185) or contact the NWC office for a paper pledge form.

A volunteer since 2007 Jacquey Moss recorded 477 volunteer hours for Neighbors Who Care. She gave her time to help in the office, most recently to schedule drivers for the NWC Van. She strived to help with the streamlining of the office scheduling and training. Jacquey, a very caring and giving person held many other volunteer positions over the years. First meeting her through the Interfaith Council of Greater Sun Lakes, she will be remembered for wearing purple, a lady that always smiled, cared deeply for others, and had time to help with a project. Jacquey has been missed since her health has forced her to take time away and will be missed even more now by so many.
Reminder
You may make donations in the name of all your friends and relatives to Neighbors Who Care. We have card and envelopes for gift giving. All donations will be acknowledged after the first of the new year.

Don’t forget to register for the AMAZON SMILE program. I have already started my shopping on line.

Instead of going to www.amazon.com. I go to www.smile.amazon.com when I make my purchase a donation goes to Neighbors Who Care. See the instructions below.

Amazon Smile Program
Amazon will donate 0.5% of the cost of any purchases made from Amazon.com to Neighbors Who Care if the purchaser uses the Amazon Smile Program.

There are two ways to make the donation:
1. you use to make purchases.

One Time Purchase
1. Instead of going to www.amazon.com to make a purchase, go to www.smile.amazon.com.
2. Select Neighbors Who Care, Inc. (Sun Lakes, AZ) as your charity. Be careful as Neighbors Who Care, Inc. (Waltham, MA) is also listed.
3. Continue on to make your purchase.

Automatically Donate to NWC
2. Go to www.smile.amazon.com
3. Select Neighbors Who Care, Inc. (Sun Lakes, AZ) as your charity.
4. Follow the instructions to download the amazon smile app to your computer. This will place an amazon button on your web browser.
5. Anytime you wish to make a purchase from Amazon, click the button to go to Amazon Smile. It will open a box showing that you support Neighbors Who Care and allow you to search for your product. All purchases will automatically provide a donation to NWC.

You must download the app separately for each computer/phone/web browser.

As we prepare for the holidays, please pray for Peace on Earth. We practice our faith in many ways; our Spirituality is a very personal thing. In this time of uncertainty and sadness, we must remember that there is HOPE and LOVE around us. There is LIGHT in our world. Share it with your neighbors and families and have a very BLESSED holiday season from Neighbors Who Care.
What if we could solve all of our community's issues by connecting experienced talent with nonprofits in need of their skills so they can better achieve their missions? You can make a difference and pay it forward by Volunteering with Neighbors Who Care. Call 480-895-7133 to register for the next Volunteer Orientation opportunity.

A Big thank you goes out to Intel employees who are partnering with NWC to make this holiday season a bit brighter for some of our clients. During the month of December they will provide gifts to some of our homebound clients and caregivers.

TERI TINNEY
Reverse Mortgage Consultant
480-254-6651
ttinney@urbanfinancialgroup.com
www.ufareverse.com/ttinney

A reverse mortgage is a loan that converts the equity in your home into cash. If you're 62 years old or older, consider this financial tool to:

- Boost monthly income
- Pay off a traditional mortgage or home equity loan
- Get rid of credit card debt and car payments for good
- Provide tax-free cash

$16.65 Sign-Up for Monthly Disposal Service
And Receive FREE * RECYCLING SERVICE!

Sun Lakes Disposal is generously donating revenue generated from its curbside recycling collection to Neighbors Who Care. If you are a client of Sun Lakes Disposal, your recycling efforts are hard at work! Neighbors Who Care is proud to have Sun Lakes Disposal as a partner in our effort to make Sun Lakes a better place to live.

If you are looking for a residential garbage service provider, please consider Sun Lakes Disposal.

Sun Lakes Disposal
Residential Garbage Service
CALL TODAY
480.895.2965
arizonasanitation.com

A Big thank you goes out to Intel employees who are partnering with NWC to make this holiday season a bit brighter for some of our clients. During the month of December they will provide gifts to some of our homebound clients and caregivers.

TERI TINNEY
Reverse Mortgage Consultant
480-254-6651
ttinney@urbanfinancialgroup.com
www.ufareverse.com/ttinney

A reverse mortgage is a loan that converts the equity in your home into cash. If you're 62 years old or older, consider this financial tool to:

- Boost monthly income
- Pay off a traditional mortgage or home equity loan
- Get rid of credit card debt and car payments for good
- Provide tax-free cash

$16.65 Sign-Up for Monthly Disposal Service
And Receive FREE * RECYCLING SERVICE!

Sun Lakes Disposal is generously donating revenue generated from its curbside recycling collection to Neighbors Who Care. If you are a client of Sun Lakes Disposal, your recycling efforts are hard at work! Neighbors Who Care is proud to have Sun Lakes Disposal as a partner in our effort to make Sun Lakes a better place to live.

If you are looking for a residential garbage service provider, please consider Sun Lakes Disposal.
Transportation Raffle Winners
Winners of the
July - August - September
Drivers Raffle are:

**July 2015**

<table>
<thead>
<tr>
<th>100 – 415 miles</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Verna Mahnke</td>
<td>313.5 miles</td>
</tr>
<tr>
<td>Morris Johnson</td>
<td>237 miles</td>
</tr>
<tr>
<td>Joe Kilmoski</td>
<td>198 miles</td>
</tr>
<tr>
<td>John Rader</td>
<td>106.5 miles</td>
</tr>
<tr>
<td>Diane Paxton</td>
<td>100 miles</td>
</tr>
</tbody>
</table>

**50-99 miles**

<table>
<thead>
<tr>
<th>Name</th>
<th>Miles</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dwight Snyder</td>
<td>97</td>
</tr>
<tr>
<td>Cheryl Stacy</td>
<td>96</td>
</tr>
<tr>
<td>Bert Friedman</td>
<td>95.5</td>
</tr>
<tr>
<td>Woody Neiman</td>
<td>88</td>
</tr>
<tr>
<td>Jamie Williams</td>
<td>88</td>
</tr>
<tr>
<td>Vesta Hayden</td>
<td>81</td>
</tr>
<tr>
<td>Aj Bhardwaj</td>
<td>73</td>
</tr>
<tr>
<td>Dorothy Meek</td>
<td>56.5</td>
</tr>
<tr>
<td>Colette McNally</td>
<td>55</td>
</tr>
<tr>
<td>Michelle Krohn</td>
<td>51.5</td>
</tr>
</tbody>
</table>

**August 2015**

<table>
<thead>
<tr>
<th>100 – 324 miles</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Ken Baker</td>
<td>182 miles</td>
</tr>
<tr>
<td>Dick Golding</td>
<td>118 miles</td>
</tr>
<tr>
<td>Jim Valliani</td>
<td>117 miles</td>
</tr>
<tr>
<td>Judy Walker</td>
<td>111 miles</td>
</tr>
<tr>
<td>Mac McCarty</td>
<td>100 miles</td>
</tr>
</tbody>
</table>

**50 – 99 miles**

<table>
<thead>
<tr>
<th>Name</th>
<th>Miles</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gary Bross</td>
<td>98</td>
</tr>
<tr>
<td>Dee Rietveld</td>
<td>97.5</td>
</tr>
<tr>
<td>Max Platt</td>
<td>88</td>
</tr>
<tr>
<td>Dorothy Meek</td>
<td>85</td>
</tr>
<tr>
<td>Faith Martin</td>
<td>80</td>
</tr>
<tr>
<td>Susan Vancer</td>
<td>77.5</td>
</tr>
<tr>
<td>Janet Kusmider</td>
<td>74</td>
</tr>
<tr>
<td>Pat Daven</td>
<td>73</td>
</tr>
<tr>
<td>Caro Virkler</td>
<td>65.5</td>
</tr>
<tr>
<td>Arlene Hackbarth</td>
<td>58</td>
</tr>
</tbody>
</table>

**September 2015**

<table>
<thead>
<tr>
<th>100-308 miles</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Irene Johnson</td>
<td>217 miles</td>
</tr>
<tr>
<td>Virginia Meeker</td>
<td>158 miles</td>
</tr>
<tr>
<td>Gary Sanford</td>
<td>126 miles</td>
</tr>
<tr>
<td>Pat Naive</td>
<td>123 miles</td>
</tr>
<tr>
<td>Sylvia Buehler</td>
<td>104 miles</td>
</tr>
</tbody>
</table>

**50 – 99 miles**

<table>
<thead>
<tr>
<th>Name</th>
<th>Miles</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ed Hill</td>
<td>93</td>
</tr>
<tr>
<td>Jerry Rex</td>
<td>87.5</td>
</tr>
<tr>
<td>Donna Strauch</td>
<td>87</td>
</tr>
<tr>
<td>Judy Lamers</td>
<td>79</td>
</tr>
<tr>
<td>Arnold Arellano</td>
<td>78</td>
</tr>
<tr>
<td>Roxy Banta</td>
<td>78</td>
</tr>
<tr>
<td>Betty Sanders</td>
<td>75</td>
</tr>
<tr>
<td>Kimberly Montini</td>
<td>68</td>
</tr>
<tr>
<td>Ellie Franklin</td>
<td>61.5</td>
</tr>
<tr>
<td>Simon Buchman</td>
<td>58</td>
</tr>
</tbody>
</table>

Advertising Rates and Information

<table>
<thead>
<tr>
<th>Ad Size</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pull Page 8” x 10”</td>
<td>$800</td>
</tr>
<tr>
<td>Half Page Horizontal 3.875” x 4.875”</td>
<td>$400</td>
</tr>
<tr>
<td>Half Page Vertical 3.875” x 10”</td>
<td>$400</td>
</tr>
<tr>
<td>1/4 Page Horizontal 3.875” x 2.5125”</td>
<td>$200</td>
</tr>
<tr>
<td>1/4 Page Vertical 3.875” x 3.875”</td>
<td>$200</td>
</tr>
<tr>
<td>1/8 Page Horizontal 3.875” x 2.5125”</td>
<td>$150</td>
</tr>
</tbody>
</table>

Print-Ready Ads
- Acrobat PDF preferred (exact dimensions, outlined fonts and no crop marks)
- TIF, EPS or Hi-res JPEG (Minimum resolution 300 dpi)
- Ads must be exact dimensions, outlined fonts, no crop marks and no spot colors or RGB (convert to CMYK)
- Any black, unless it appears in a photo, should be 100% K

Article Submission
Word document, .txt, .rtf, or .pdf file
(include the title, byline, and article)

For information contact
NWC 480-895-7133

SO WHAT’S FOR DINNER?

By Joan Byrnes,
Dinner Delivery Coordinator

The Holidays are here! And so is the cooler weather...

Though the weather outside is much cooler, please remember it is important to protect your dinner delivery. Our volunteers have guidelines to follow when it comes to leaving meals when you are not at home. You must put a covered container such as a cooler, outside the door where you want your dinner left. If the container is not there, or you do not answer the door, volunteers cannot leave the food. It also would be convenient for the volunteer if you put your money in the container, so it will be available when they bring your meal. In addition, please have the exact amount or very close, for your delivery so the volunteer will not need to carry much cash.

As an extra convenience we offer “Prepaid Meals.” Did you know you could pay cash or write a check, made out to Neighbors Who Care? Please, specify that the funds are to prepay your meals. This way, you will not have to worry about having the money available for the delivery volunteer. If, you would be interested in pre-paying your meals, please call the office, and ask for Bonnie Kosar our Social Worker or me at 480-895-1733.

CAREGIVER SUPPORT GROUP

Every Monday
1—3 PM
Risen Savior Lutheran Church
23914 S. Alma School Road

All family Caregivers are welcome

Sponsored by Neighbors Who Care, Inc.
For information call 480-895-7133
NWC WISH LIST:
Needed Highly Skilled Volunteers

- Someone to reattach missing slats on vertical blinds
- Someone to make picture frames
  - Marketing
  - Public Speaking
  - Recreation
  - Arts and Crafts
  - Program Development
  - Marketing
  - Public Speaking
  - Recreation
  - Arts and Crafts
  - Program Development

NWC will NOT provide services on these days

SERVICE GUIDELINES

All services are booked through Neighbors Who Care at 480-895-7133. Please schedule at least three business days in advance of your appointment.

- Business Assistance – writing checks and letters; addressing envelopes; checkbook balancing; voter registration and tax preparation (this service is helpful for those with impaired vision)
- Business Service Advocacy – we provide counsel and assistance in dealing with contractors (home repair and financial) and ombudsman service in resolving service complaints
- Transportation – to/from medical appointments. Service is available twice each week. (when scheduling appointments please tell us the length of your appointment)
- Shopping/Errands – a ride to the bank or for groceries or we will shop for you. (the number of stops must be planned in advance, no more than three stops per outing)
- Dinner Delivery – orders are taken by phone between 9 – 10 am and delivered by volunteers between 3:30 – 4:30 pm Monday – Friday. Details are available by calling NWC at 480 895-7133
- Minor Repairs – such assistance as changing a light bulb or furnace filter
- Reassurance Calling – daily or weekly check-in calls
- Respite Care – a volunteer will stay with your loved one while you are out (this service is available up to four hours per week)
- Friendly Visiting – regular social visits from a NWC volunteer
- Van Service – the Neighbors Who Care van provides transportation to select locations weekly
- Welfare Visits – a brief daily welfare visit in the temporary absence of the primary Caregiver
- Recreational Therapy Program – providing moderate recreational activities to promote and encourage health, socialization, and independence in life activities away and at home

CLIENT TRANSPORTATION APPOINTMENTS

Please call: Neighbors Who Care 480-895-7133

During Business Hours 8:30 am—4:30 pm

When making transportation appointments, please call at least three days in advance or up to one month in advance.

- Call Monday for a Thursday time
- Call Tuesday for a Friday or Saturday time
- Call Wednesday for a Monday time
- Call Thursday for a Tuesday time
- Call Friday for a Wednesday time

You may use our free services twice each week for Medical Appointments

You may use our services three times each week for dialysis or chemotherapy treatments

- Van service is available five days each week for shopping
AARP Driver Safety Program

Neighbors Who Care offers the AARP Driver Safety Program every 2nd Thursday of the month at 12:30 in our Volunteer Room. The course is recommended for each of our Volunteers who drive our clients and required for our volunteer Van Drivers.